

BEST PERSONAL TRAINER CERTIFICATION

AN OBJECTIVE ANALYSIS OF 10 MAJOR CERTIFICATION BODIES



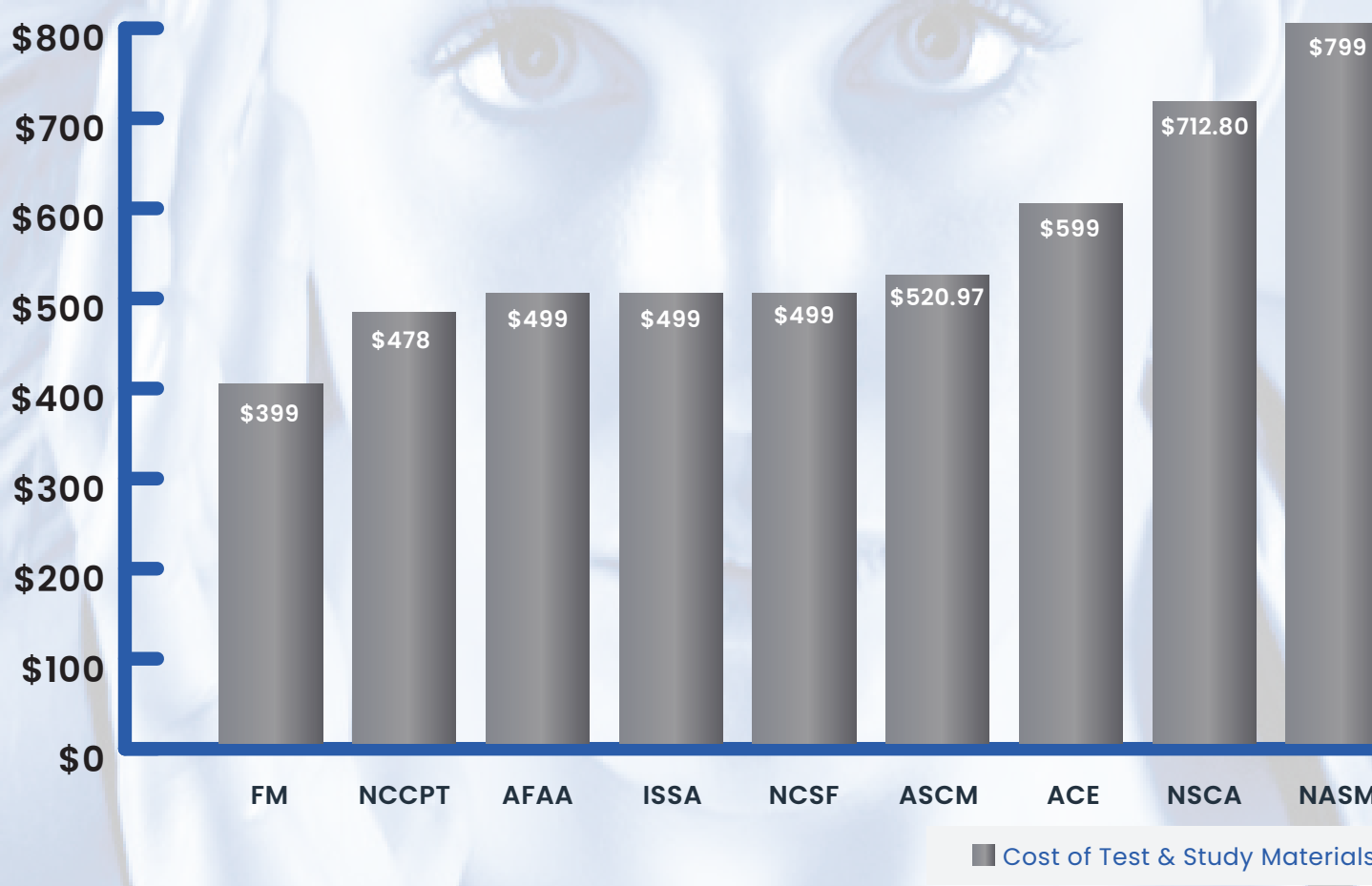
Aspiring personal trainers have a lot of options when it comes to the selection of a major certifying body. When it comes to getting a job as a trainer, some say the actual certification body matters little; however, it is important to go with a certification that is NCCA-approved so that you are likely to be able to work at any of the major gyms accross the USA.

The following 10 personal training certifications are evaluated by a number of factors that are of prime importance to potential trainers. We break the factors down one-by-one so you can compare them in each category.

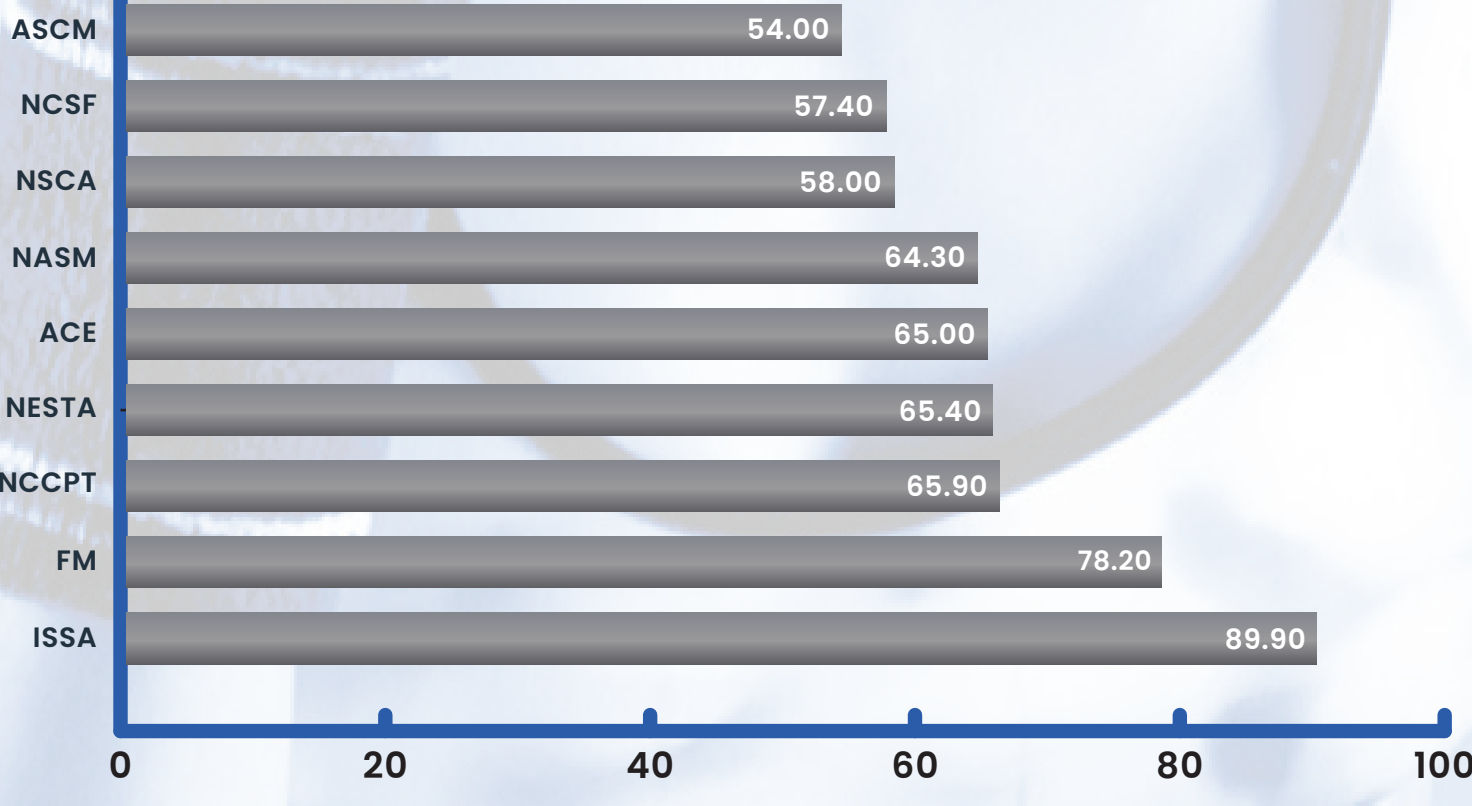
NCCA ACCREDITATION

CERTIFICATION BODY	Option for NCCA Accreditation?	
	Yes	No
NASM	✓	
ACE	✓	
FITNESS MENTORS	✓	
NSCA	✓	
ACSM	✓	
NESTA	✓	
NCCPT	✓	
NCSF	✓	
AFAA		✗
ISSA		✗

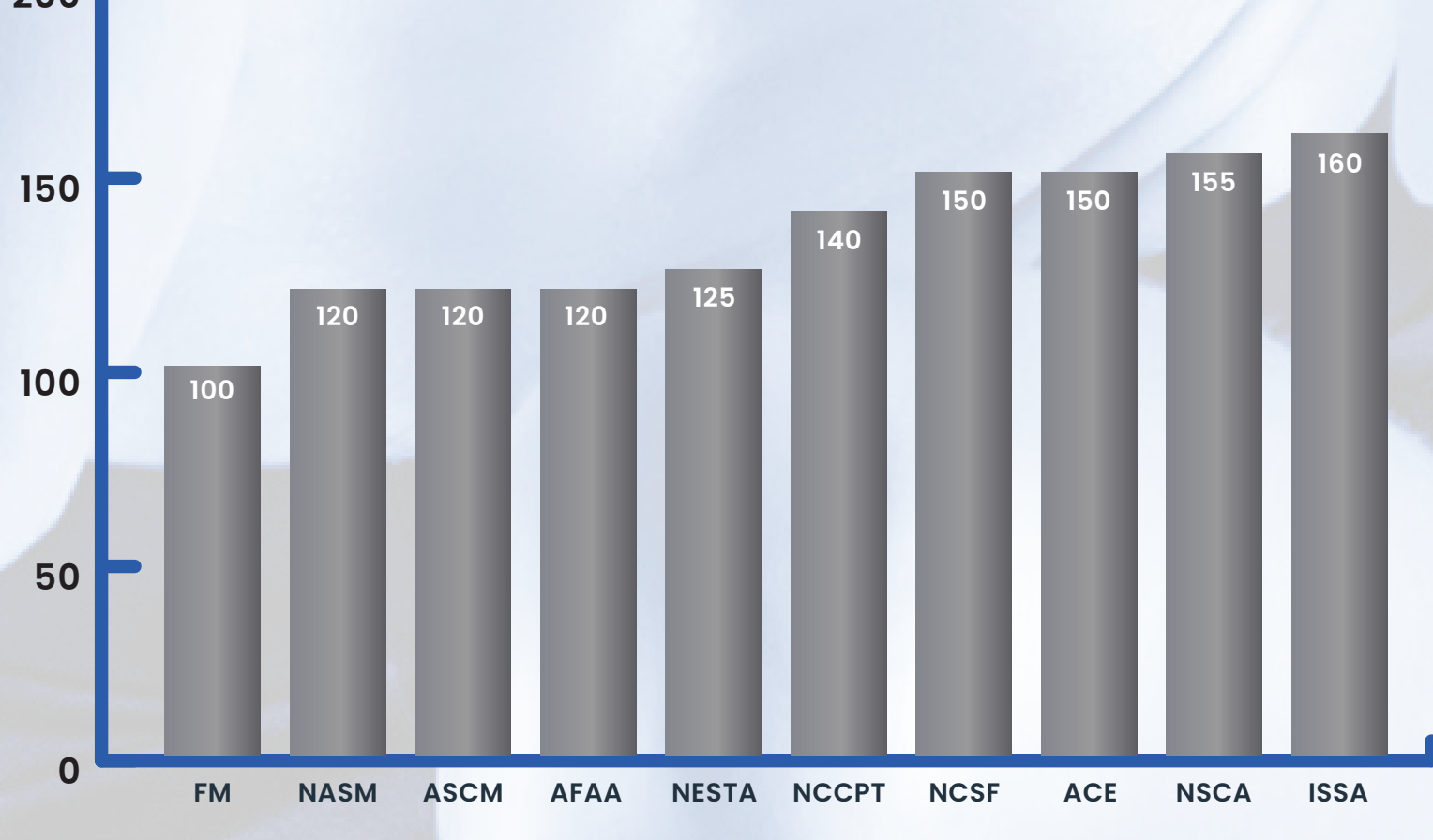
PRICE



EXAM PASS RATE



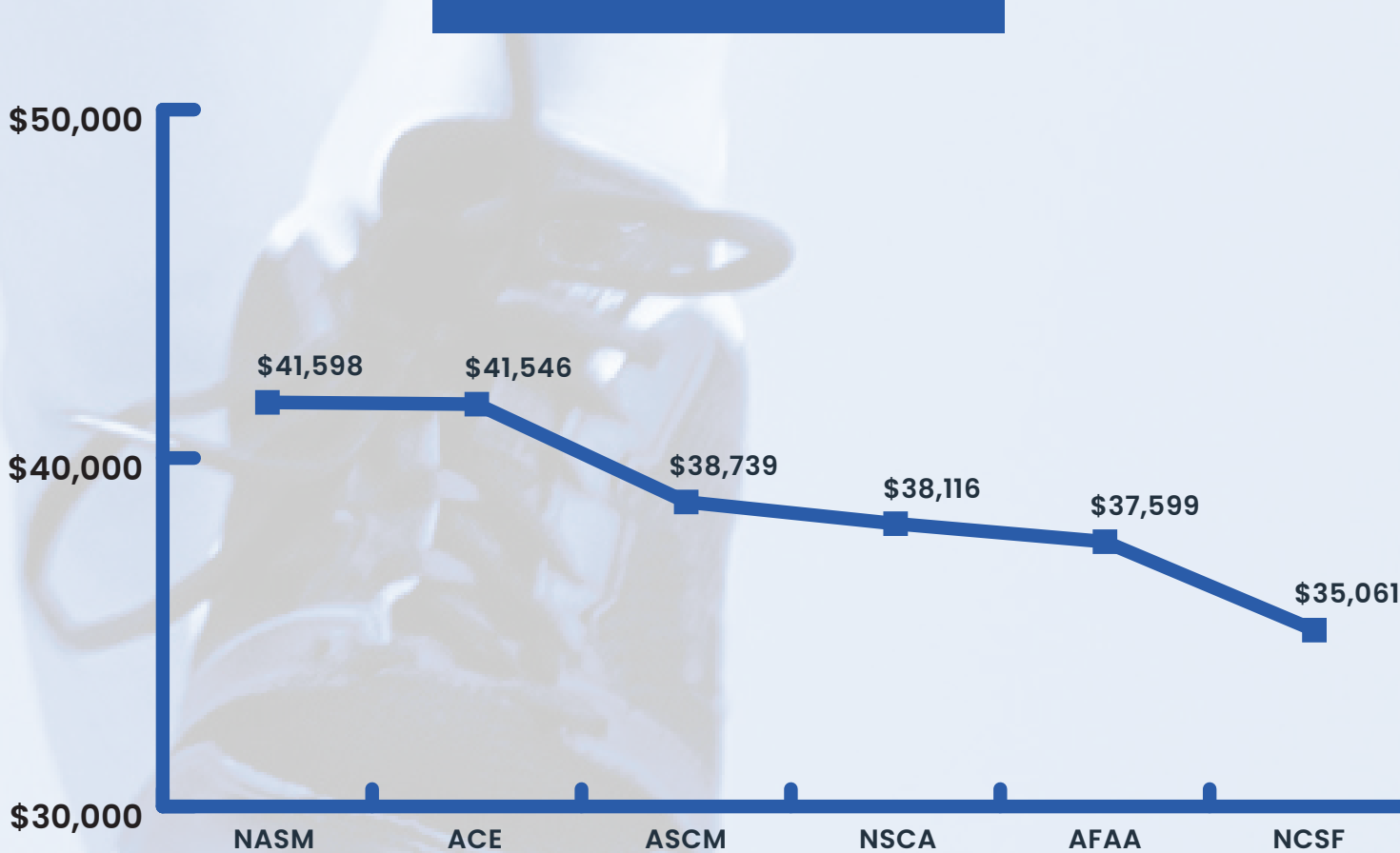
OF TEST QUESTIONS



CEU HOURS



AVERAGE INCOME



RETAKE FEE



Sources :
<https://www.nasm.org/docs/default-source/PDF/nasm-cpt-standard-setting-summary.pdf?sfvrsn=2>
<https://www.acefitness.org/fitness-certifications/pdfs/Certification-Exam-Candidate-Handbook.pdf>
<https://www.nsca.com/personal-trainer-study-materials/>
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<http://pft.nestacertified.com/wp-content/uploads/2016/08/NESTA-Report-on-the-2015-Item-Analysis-2016-01-13.pdf>
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[http://www.payscale.com/research/US/Certification=Aerobic_Fitness_Association_of_America_\(AFAA\)/Salary](http://www.payscale.com/research/US/Certification=Aerobic_Fitness_Association_of_America_(AFAA)/Salary)
<https://certification.acsm.org/acsm-certified-personal-trainer>
<https://www.ncsf.org/certexam/policy.aspx>