

BEST PERSONAL TRAINER CERTIFICATION



AN OBJECTIVE ANALYSIS OF 10 MAJOR CERTIFICATION BODIES

Aspiring personal trainers have a lot of options when it comes to the selection of a major certifying body. When it comes to getting a job as a trainer, some say the actual certification body matters little; however, it is important to go with a certification that is NCCA-approved so that you are likely to be able to work at any of the major gyms across the USA.

The following 10 personal training certifications are evaluated by a number of factors that are of prime importance to potential trainers. We break the factors down one-by-one so you can compare them in each category.

NCCA ACCREDITATION

CERTIFICATION BODY	Option for NCCA Accreditation?	
	Yes	No
NASM	✓	
ACE	✓	
FITNESS MENTORS	✓	
NSCA	✓	
ACSM	✓	
NESTA	✓	
NCSF	✓	
ISSA	✓	
AFAA		✗

PRICE



EXAM PASS RATE



OF TEST QUESTIONS



CEU HOURS



RETAKE FEE



Sources :
<https://www.nasm.org/docs/default-source/PDF/nasm-cpt-standard-setting-summary.pdf?sfvrsn=2>
<https://www.acefitness.org/fitness-certifications/pdfs/Certification-Exam-Candidate-Handbook.pdf>
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