# BEST PERSONAL TRAINER CERTIFICATION

### AN OBJECTIVE ANALYIS OF 10 MAJOR CERTIFICATION BODIES

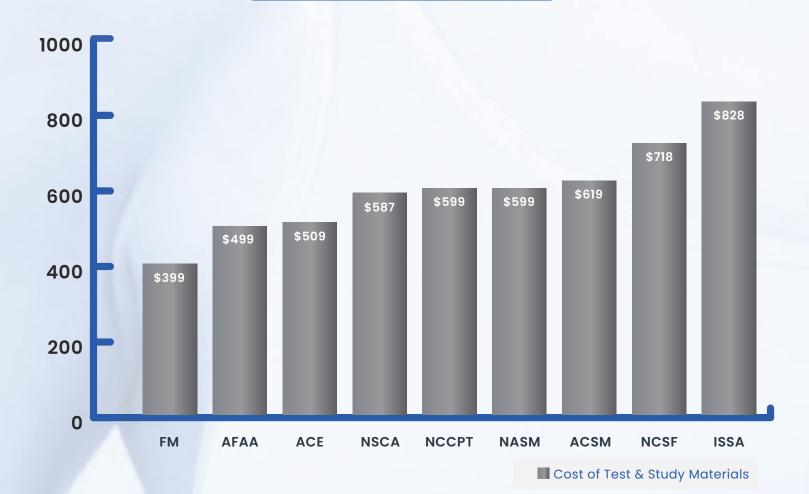
Aspiring personal trainers have a lot of options when it comes to the selection of a major certifying body. When it comes to getting a job as a trainer, some say the actual certification body matters little; however, it is important to go with a certification that is NCCA-approved so that you are likely to be able to work at any of the major gyms accross the USA.

The following 10 personal training certifications are evaluated by a number of factors that are of prime importance to potential trainers. We break the factors down one-by-one so you can compare them in each category.

# NCCA ACCREDITATION

CERTIFICATION BODY	Option for NCCA Accredidation?	
	Yes	Νο
NASM	$\checkmark$	
ACE	$\checkmark$	
FITNESS MENTORS	$\checkmark$	
NSCA	$\checkmark$	
ACSM	$\checkmark$	
NESTA	$\checkmark$	
NCCPT	$\checkmark$	
NCSF	$\checkmark$	
AFAA		×
ISSA		×

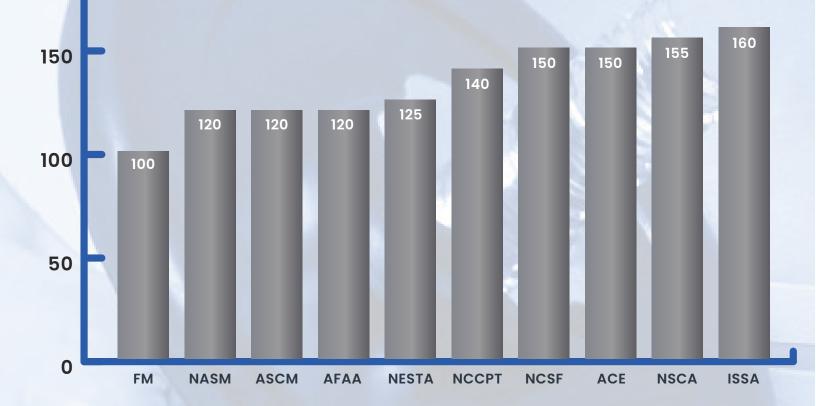
# PRICE



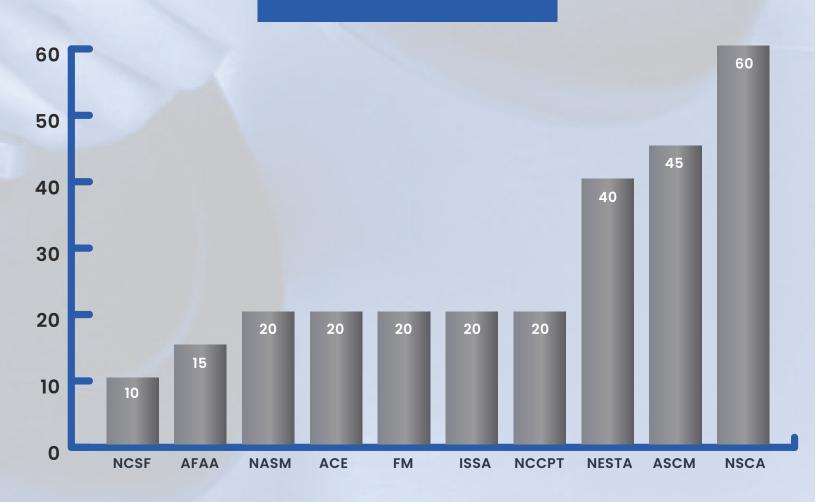
EXAM PASS RATE



## **#** OF TEST QUESTIONS



#### **CEU HOURS**



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#### Sources :

https://www.nasm.org/docs/default-source/PDF/nasm-cpt-standard-setting-summary.pdf?sfvrsn=2 https://www.acefitness.org/fitness-certifications/pdfs/Certification-Exam-Candidate-Handbook.pdf https://www.nsca.com/personal-trainer-study-materials/ https://pt.nestacertified.com/wp-content/uploads/2016/08/NESTA-Report-on-the-2015-Item-Analysis-2016-01-13.pdf https://www.nccpt.com/data/pdf/candidate-handbook-2016.pdf https://www.issaonline.edu/pdf/bppe/spfs/2015-spfs-cft.pdf https://www.ncsf.org/pdf/NCSF\_2013\_Annual\_Exam\_Report.pdf http://thepoint.lww.com/book/show/468700#/about-this-product?groupby=learningactivity&ts=1477672127816 http://pft.nestacertified.com/wp-content/uploads/2013/07/PFT-Exam-Candidate-Handbook.v2013.pdf https://www.ncsf.org/PDF/NCSF\_Personal\_Trainer\_Exam\_Candidate\_Handbook.pdf https://www.ncsf.org/PDF/NCSF\_Personal\_Trainer\_Exam\_Candidate\_Handbook.pdf https://www.ncsd.com/personal-trainer-exam-description/ http://www.payscale.com/research/US/Certification=Personal\_Trainer\_(CPT)\_(NASM)/Salary http://www.payscale.com/research/US/Certification=Personal\_Trainer\_(CPT)\_(NSCA)/Salary http://www.payscale.com/research/US/Certification=Personal\_Trainer\_CPT)\_(NSCA)/Salary http://www.payscale.com/research/US/Certification=Aerobic\_Fitness\_Association\_of\_America\_(AFAA)/Salary http://www.payscale.com/research/US/Certification=Aerobic\_Fitness\_Association\_of\_America\_(AFAA)/Salary http://www.ncsf.org/certexam/policy.aspx

> **FITNESS MENTORS**