

# 7 BEST NUTRITION CERTIFICATIONS

Are you considering getting a nutrition certification but don't know which program to go with?

Not sure what the differences are, the advantages of each, the pros and cons, study parameters, and other insider information?

Below, we have compiled some insider information to help aspiring Certified Nutritionists make the best choice for them. And that last comment there -- "best choice for them" -- is an important one. The best nutritionist certification is the one that is best for you. As you'll see below, there are a number of factors that need to be considered before landing on a certification.



## Factors we Consider for the Best Nutrition Certification

- Price
- Primary Focus of Education
- Number of Test Questions

## Nutrition Certifications Evaluated

FITNESS MENTORS CERTIFIED NUTRITION SPECIALIST	✓
ACE HEALTH COACH CERTIFICATION	✓
AFPA NUTRITION & WELLNESS CONSULTANT CERTIFICATION	✓
ISSA CERTIFIED NUTRITIONIST	✓
NASM CERTIFIED NUTRITION COACH	✓
PRECISION NUTRITION LEVEL 1 CERTIFICATION	✓
PRIMAL HEALTH COACH	✓

## How to Become a Certified Nutritionist



### Step 1: Knock Out Your Prerequisites

- 1: 18 years or older
- 2: High school diploma or GED
- 3: CPR/AED certification



### Step 2: Find the Best Nutritionist Certification for YOU



### Step 3: Prepare for Your Exam & Pass!



### Step 4: Start Landing Nutrition Clients

## Best Nutrition Certification: An Objective Look into 3 Key Criteria



### Price

FITNESS MENTORS CERTIFIED NUTRITION SPECIALIST	\$499
ACE HEALTH COACH CERTIFICATION	\$599
AFPA NUTRITION & WELLNESS CONSULTANT CERTIFICATION	\$649
ISSA CERTIFIED NUTRITIONIST	\$799
NASM CERTIFIED NUTRITION COACH	\$799
PRECISION NUTRITION LEVEL 1 CERTIFICATION	\$799
PRIMAL HEALTH COACH	\$2,995



### Primary Focus of Education

	Focus	Nutrition Program Design	Diet Psychology	Business Development	Fitness Integration
Course					
FITNESS MENTORS CERTIFIED NUTRITION SPECIALIST		✓	✓	✓	✓
ACE HEALTH COACH CERTIFICATION		✓		✓	✓
AFPA NUTRITION & WELLNESS CONSULTANT CERTIFICATION		✓			
ISSA CERTIFIED NUTRITIONIST		✓	✓		✓
NASM CERTIFIED NUTRITION COACH		✓	✓		✓
PRECISION NUTRITION LEVEL 1 CERTIFICATION		✓			✓
PRIMAL HEALTH COACH		✓	✓		✓



### Number of Test Questions

FITNESS MENTORS CERTIFIED NUTRITION SPECIALIST	60
NASM CERTIFIED NUTRITION COACH	100
ACE HEALTH COACH CERTIFICATION	150
PRECISION NUTRITION LEVEL 1 CERTIFICATION	180
AFPA NUTRITION & WELLNESS CONSULTANT CERTIFICATION	250
ISSA CERTIFIED NUTRITIONIST	363
PRIMAL HEALTH COACH	500

## How Much Do Certified Nutritionists Make?



According to the U.S. Bureau of Labor Statistics nutritionists have a median pay of around **\$60,370** per year, or **\$29.02** an hour.

#### Resources:

<https://www.precisionnutrition.com/>  
<https://www.precisionnutrition.com/precision-nutrition-level-1-certification-faq>  
<https://www.primalhealthcoach.com/>  
<https://www.primalhealthcoach.com/pricing/>  
<https://www.acefitness.org/fitness-certifications/health-coach-certification/default.aspx>  
<https://www.nasm.org/continuing-education/certified-nutrition-coach>  
<https://www.afpafitness.com/health-coach-certification-programs>  
<https://store.afpafitness.com/health-wellness-coach-certification/>  
<https://www.issaonline.com/certification/nutrition-certification/>  
<https://www.bls.gov/ooh/healthcare/dietitians-and-nutritionists.htm>